


Slide 1



Clio
Rotary
District 6330
Zone 28

Clio Area Leadership Series
For the good of the Clio Community

• **Mental and Behavioral Health in the Clio Area**
Wednesday, October 25, 2023 Rogers Lodge: 6:00—7:15 PM

Slide 2



Personal Ethics, Growth and
a Purpose Driven Life
Week 3

**MENTAL HEALTH
IS KEY TO A
SUCCESSFUL BUSINESS**

Slide 3


Mental Health Impact
on Businesses Worldwide

- According to the World Health Organization, approximately
- **12 billion workdays** are lost each year worldwide due to depression and anxiety.
- This leads to a massive decrease in productivity at an estimated cost of **\$1 trillion**



Slide 4

Your Business/Life Affected?



- Employees who frequently call out sick?
- Managers that consistently struggle to meet their productivity targets?
- A high turnover rate?
- Concerns about stress among your employees?

Slide 5

Something "You're" Doing?



- under-use of skills or being under-skilled for work;
- excessive workloads or work pace, understaffing;
- long, unsocial or inflexible hours;
- lack of control over job design or workload;
- unsafe or poor physical working conditions;
- organizational culture that enables negative behaviors;
- limited support from colleagues or authoritarian supervision;
- violence, harassment or bullying;
- discrimination and exclusion;
- unclear job role;
- under- or over-promotion;
- job insecurity, inadequate pay, or poor investment in career development; and
- conflicting home/work demands.

Slide 6

What were the "Warning Signs" again?



- Losing interest in all or most activities
- Reduction or increase in appetite or sleep
- Having difficulty concentrating
- Feelings of worthlessness
- Thoughts of [suicide](#)
- Loss of Productivity
- Increase of Sick days
- Increased tension/ anxiety
- High turnover

Slide 10

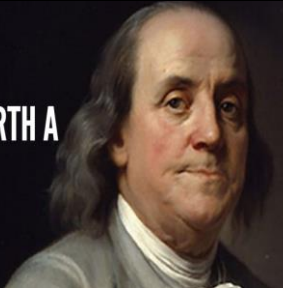
START WITH
VALUES



- **We're here to serve.** We keep the needs of Operators, their Team Members and customers at the heart of our work, doing what is best for the business and best for them.
- **We're better together.** It's through teamwork and collaboration that we do our best work. We're an inclusive culture that leverages the strengths of our diverse talent to innovate and maximize our care for Operators, their Team Members and customers.
- **We are purpose-driven.** We model our Purpose every day, connecting our work and daily activities to our business strategy, supporting each other's efforts to be good stewards who create positive impact on all who come in contact with Chick-fil-A.
- **We pursue what's next.** We find energy in adapting and re-inventing how we do things, from the way we work to how we care for others.

Slide 11

AN OUNCE OF
PREVENTION IS WORTH A
POUND IN CURE



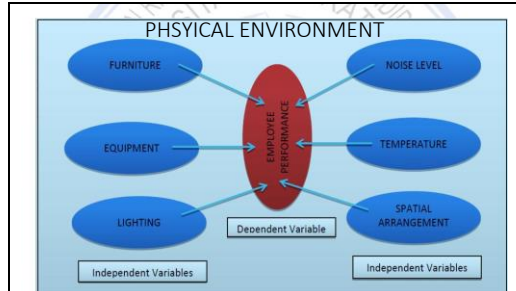
Benjamin Franklin

Slide 12



excellence
work life balance
honesty trust
quality service
growth
success faith achievement
openness
Values
conduct collaborate personal growth accountability consistency
commitment correctness

Slide 13



Slide 14



Slide 15



Slide 16



Slide 17



Slide 18

• **Danger to Self or Others**—
call 9-1-1 immediately

• **Dealing with Issues:** 9-8-8

• **Genesee Health System**
24 Hour Crisis & Virtual Urgent Care Line
(810) 257-3740 (877) 346-3648

• **GREAT LAKES RECOVERY MISSION**
Haley Buleffsky, Clinical Director
810-275-2690

• **Blue Cross/Blue Shield**
St. Community Liaison/Community Responsibility
Shelley L. DuFort (248) 568-3365
sdufort@bcbsm.com

• **Michigan.gov/StayWell** 1-888-535-6136 and press "0" to talk to a Stay Well Counselor 24/7

